

Stno	Chip	Name	YB	Club	Start
Open Curto (17) 1.2 km 35 m 11 C					
6404	2108707	Maria Leonor	08	[070] COC	10:24:00
90042		Carlos Costa	67	[166] ADM Ori-Mondego	10:26:00
90017		DianaP+SílviaP SimonaP		[1564] Individual POR	10:28:00
90051		André Silva	08	[12262] EBA	10:30:00
7000	1984626	Pedro Teixeira	84	[1564] Individual POR	10:32:00
6577	1304180	SÍLVIA DINIZ	72	[166] ADM Ori-Mondego	10:34:00
90064		M+BrunoM		[12262] EBA	10:36:00
5564	1304181	Zezipha Mora	51	[166] ADM Ori-Mondego	10:38:00
90057		AfonsoM+FilipeL		[12262] EBA	10:40:00
90043		Paula Sousa	69	[166] ADM Ori-Mondego	10:42:00
90056		BeatrizF+JoanaF		[12262] EBA	10:44:00
6632	2108691	Sílvia	77	[070] COC	10:46:00
6549	1600291	CarlaV+HelenaD SOFIA		[088] ADC	10:48:00
90055		MariaO+MárioO MatildeA		[12262] EBA	10:50:00
90041		Pedro Costa	04	[166] ADM Ori-Mondego	10:52:00
90052		AnaB+AntónioB LucianaA+Mic		[12262] EBA	10:54:00
90014		Rui Pinheiro	77	[1564] Individual POR	10:56:00
Open Médio (29) 3.1 km 130 m 22 C					
90062		HelenaP+HelenaS SaraS		[12264] Sem Norte	10:01:00
90013	1304190	Fernando Costa	84	[1564] Individual POR	10:03:00
6792		Noémia Mesquita	86	[1000] Individual POR Fed	10:05:00
90048		LuísM+LuísaS		[1564] Individual POR	10:07:00
90007		José Passos	62	[9501] LOST	10:09:00
90033		José Botelho	64	[1564] Individual POR	10:11:00
90065		JoséR+RenatoP		[12266] AE1MarcoCanaveses	10:13:00
90039	9601125	AlexandrinaP CarlosM		[167] NAST	10:15:00
90040		EvaristoM MariaJoãoG		[1564] Individual POR	10:17:00
5684	7123511	Francisco Neto Silva	89	[052] GD4C	10:19:00
90046		Pedro Silva	01	[1564] Individual POR	10:21:00
90069		LaraM+LídiaM		[12262] EBA	10:23:00
90067		Vânia Costa	78	[1564] Individual POR	10:25:00
16664	1220805	FátimaL+MonicaC PauloC		[052] GD4C	10:27:00
90066		MarianaM+PaulaM		[12267] ES Marco de Canavese	10:29:00
90021		Liliana Magalhães	91	[1564] Individual POR	10:31:00
90025		JéssicaM+LuísP		[12255] FCFrende	10:33:00
90036		Inês Moreira	84	[1564] Individual POR	10:35:00
90063		GuilhermeM RenataM		[12265] 20comer	10:37:00
90047		Sérgio Monteiro	84	[1564] Individual POR	10:39:00
90061	10672538	AntónioM+CarlaO NunoM+Ro		[12268] We Are Family	10:41:00
6507	2017027	João Bernardo Silva	11	[102] .COM	10:43:00
90030		Manuel Costa	81	[1564] Individual POR	10:45:00
90070		CidáliaC+LeonorP		[12262] EBA	10:47:00
90045		JasmimR+JúliaS LeandroR		[12261] OCM	10:49:00
6882	241290	Jorge Rocha	74	[088] ADC	10:51:00
90044		Eduarda Ferreira	80	[9501] LOST	10:53:00
5907	7204642	Rui Miguel Príncipe	86	[052] GD4C	10:55:00
90026	2017028	Miguel Vieira	78	[102] .COM	10:57:00

Open Longo (12) 4.8 km 0 m 25 C

90038		Sofia Moreira	89	[1564] Individual POR	10:00:00
90002		Nuno Vide	64	[1564] Individual POR	10:02:00
90024		Hugo Sousa	98	[12257] AH!	10:04:00
90020		Hélder Camilo	82	[1564] Individual POR	10:06:00
90000		PedroS+SerafimS		[12234] CAL	10:08:00
90032		Victor Rodrigues	75	[1564] Individual POR	10:10:00

Stno	Chip	Name	YB	Club	Start
Open Longo (12)		4.8 km 0 m 25 C		<i>(cont.)</i>	
90023		Ana Alves	89	[12257] AH!	10:12:00
90015		Jorge Nunes	72	[1564] Individual POR	10:14:00
90001		Arlete Maria Nun Queiroz	72	[1564] Individual POR	10:16:00
90028		FernandaM+JoseM		[1564] Individual POR	10:18:00
90068		Henrique Barros	70	[1564] Individual POR	10:20:00
90037		Hugo Rocha	77	[1564] Individual POR	10:22:00
Formação (7)		1.1 km 25 m 11 C			
		Vacant		Vacant	10:05:00
6050		MIGUEL MORA	15	[166] ADM Ori-Mondego	10:11:00
6520	1304098	Clara Lima	10	[070] COC	10:17:00
6104		Dinis Rama	13	[166] ADM Ori-Mondego	10:23:00
6758	1240111	António Borges	11	[107] CAOS	10:29:00
6407	2091971	Gil Ehrhardt	13	[102] .COM	10:35:00
6000	1892013	Benedita	13	[007] Ori-Estarreja	10:41:00
Juvenis M (2)		5.0 km 0 m 19 C			
6503	8024692	Dinis Santo	07	[070] COC	10:03:00
6576	1006124	ANTONY LEYSER	06	[166] ADM Ori-Mondego	10:09:00
Juvenis F (2)		4.1 km 0 m 16 C			
6483	8011631	Matilde Silva	08	[102] .COM	10:02:00
5880	8201029	Alexandra Serra Campos	06	[102] .COM	10:08:00
Juniores M (7)		5.4 km 0 m 24 C			
6210	1424630	Pedro Viana	03	[052] GD4C	10:01:00
6405	1007271	Ricardo Rodrigues	01	[088] ADC	10:05:00
6299	407085	ANDRE BARROS	05	[052] GD4C	10:09:00
6086	1407875	Rui Silva	01	[088] ADC	10:13:00
6349	8681413	Ricardo Quintas	04	[102] .COM	10:17:00
6401	7776401	João Rodrigues	03	[052] GD4C	10:21:00
6702	8014040	Iuri Soares	01	[088] ADC	10:25:00
Juniores F (4)		4.7 km 0 m 17 C			
6402	2132553	Nadine Silva	03	[052] GD4C	10:51:00
6741	8012120	Francisca Araújo	01	[088] ADC	10:54:00
6400	1424712	DANIELA FÁRIA	03	[052] GD4C	10:57:00
6436	241124	Rita Nogueira	01	[088] ADC	11:00:00
Seniores M (15)		5.7 km 0 m 23 C			
90004		Maksim Starykevich	88	[1923] Individual BLR	10:05:00
90034		Diogo Botelho	97	[1564] Individual POR	10:09:00
5925	1903603	PEDRO TIAGO GOMES	90	[159] COAAL	10:13:00
6089	7404040	César Cruz	83	[102] .COM	10:17:00
6513	1452978	João Neves	81	[119] OriMarão	10:21:00
6272	2108712	Ricardo Lopes	89	[056] COViseu - Natura	10:25:00
1708	8099077	Gonçalo Mota	81	[033] Clube TAP	10:29:00
4016	7855558	Miguel Nóbrega	87	[056] COViseu - Natura	10:33:00
5006	259869	Gabriel Braz	97	[070] COC	10:37:00
1811	1302802	Luís Leite	76	[052] GD4C	10:41:00
6765	214040	Paulo Ferreira	82	[037] GD Luz Verde	10:45:00
4485	1600290	FÁBIO CORADINHO	90	[088] ADC	10:49:00

Stno	Chip	Name	YB	Club	Start
Seniores M (15)		5.7 km 0 m	23 C	<i>(cont.)</i>	
6527	7101020	Vasco Vinhas	83	[052] GD4C	10:53:00
2402	308202	Joel Simplicio	87	[1000] Individual POR Fed	10:57:00
6751	409994	Duarte Silva	88	[167] NAST	11:01:00
Seniores F (7)		5.4 km 0 m	24 C		
90016		Marisa Alexandra Rocha V	82	[1564] Individual POR	10:29:00
6087	7855557	Carla Macedo	88	[056] COViseu - Natura	10:33:00
3799	1010087	Tania Covas Costa	78	[102] .COM	10:37:00
5388	1951993	Susana Almeida	93	[056] COViseu - Natura	10:41:00
5727	1556655	Cristiana Maranhão	88	[070] COC	10:45:00
4801	407058	Raquel Santos	87	[166] ADM Ori-Mondego	10:49:00
6446	8210021	Raquel Ferreira	80	[052] GD4C	10:53:00
Veteranos I M (32)		5.3 km 0 m	21 C		
90022		FERNANDO MANUEL BARBE	71	[1564] Individual POR	10:00:00
2236	8625653	RUI MORA	71	[166] ADM Ori-Mondego	10:02:00
90005		Artur Cardoso	70	[9501] LOST	10:04:00
6739	1110272	Hélder Pinto	77	[179] CAR	10:06:00
2244	8182077	Cláudio Tereso	70	[115] ATV	10:08:00
90008		José Pimenta	73	[9501] LOST	10:10:00
90003		Helder Oliveira Barbosa	77	[1564] Individual POR	10:12:00
1457	1304060	António Amador	68	[007] Ori-Estarreja	10:14:00
5063	9992323	Sandro Castro	72	[052] GD4C	10:16:00
6481	8011609	Rui Silva	68	[102] .COM	10:18:00
2703	2108710	Duarte Santo	77	[070] COC	10:20:00
90027	9911400	Ricardo de Souza	70	[9948] COUFRJ	10:22:00
90006		Henrique Santos	70	[9501] LOST	10:24:00
90031		FERNANDO MANUEL BARBE	71	[1564] Individual POR	10:26:00
90009		Rui Oliveira	70	[9501] LOST	10:28:00
6403	2108708	Mário Moreira	77	[070] COC	10:30:00
1810	544041	OCTÁVIO ANDRADE	68	[102] .COM	10:32:00
1050	8001050	Daniel Silva	78	[007] Ori-Estarreja	10:34:00
3593	1336633	JOSÉ PEREIRA	78	[005] CP Armada	10:36:00
3913	8003913	Alberto César	70	[052] GD4C	10:38:00
3755	246362	ANTÓNIO ROMPANTE	71	[167] NAST	10:40:00
1101	7207923	Rui Ferreira	67	[119] OriMarão	10:42:00
6591	1236591	José Borges	79	[107] CAOS	10:44:00
90011		José Pereira	72	[12255] FCFrende	10:46:00
6399	7211428	FERNANDO SILVA	74	[052] GD4C	10:48:00
90029	8647695	Javier Liz	72	[2236] Fluvial	10:50:00
3081	1304095	ALBERTO BARROS	69	[052] GD4C	10:52:00
90018	8260066	Javier García	74	[11588] OesteXtrem-AFN	10:54:00
4685	1304173	José João Ferreira	74	[119] OriMarão	10:56:00
6993		Pedro Rodrigues	75	[188] SicóTrilhos	10:58:00
2439	241147	Licínio Ferreira	68	[088] ADC	11:00:00
3408	1974131	Nuno Pires	74	[007] Ori-Estarreja	11:02:00
Veteranos I F (13)		4.7 km 0 m	17 C		
4587	2115015	Ana Margarida Vaz	76	[007] Ori-Estarreja	10:00:00
90019	8665001	María José Hernández	78	[11588] OesteXtrem-AFN	10:04:00
6406	1429026	Paula Gonçalves	75	[052] GD4C	10:08:00
3134	1304061	Manuela Nogueira	69	[007] Ori-Estarreja	10:12:00
2243	240763	Maria João Borges	71	[115] ATV	10:16:00
1429	8001429	Rafaela Rua	80	[007] Ori-Estarreja	10:20:00
5307	2017030	Manuela Marques	72	[102] .COM	10:24:00

Stno	Chip	Name	YB	Club	Start
Veteranos I F (13)		4.7 km 0 m	17 C	<i>(cont.)</i>	
90012		Salomé Castro	77	[12255] FCFrende	10:28:00
2582	1210167	Anabela Vieito	67	[070] COC	10:32:00
4901	8114901	Carla Amorim	79	[166] ADM Ori-Mondego	10:36:00
1301	208666	Teresa Alves	69	[070] COC	10:40:00
2022	1009875	Paula Serra Campos	68	[102] .COM	10:44:00
3467	1304188	Helena Sousa	67	[119] OriMarão	10:48:00
Veteranos II M (7)		5.0 km 0 m	19 C		
3073	241138	Jorge Ferreira	65	[088] ADC	10:15:00
1931	8052755	Carlos Monteiro	58	[070] COC	10:21:00
1423	264932	José Rocha	59	[037] GD Luz Verde	10:27:00
6669	1420776	Eugénio Grilo	60	[1000] Individual POR Fed	10:33:00
2796	7205443	Filipe Silva	61	[097] Clube Millennium BCP	10:39:00
1095	2008961	Fernando Costa	61	[052] GD4C	10:45:00
6509	8006509	JADIR PEREIRA	64	[166] ADM Ori-Mondego	10:51:00
Veteranos II F (3)		4.1 km 0 m	16 C		
5906	2086029	Augusta Figueiredo	59	[052] GD4C	10:14:00
1952	8052737	Isabel Monteiro	58	[070] COC	10:20:00
2497	1991199	Aida Correia	63	[052] GD4C	10:26:00
Veteranos III M (3)		4.1 km 0 m	16 C		
1441	308457	Gil Rua	48	[007] Ori-Estarreja	10:32:00
6204	2018609	Domingos Sereno	55	[128] COALA	10:38:00
6854	1450759	Dalmino Natividade	50	[1000] Individual POR Fed	10:44:00
Veteranos III F (3)		4.1 km 0 m	19 C		
2101	259797	Beatriz Leite	50	[052] GD4C	10:04:00
		Vacant		Vacant	10:10:00
2410	1304110	Margarida Rocha	55	[052] GD4C	10:16:00
Veteranos IV M (1)		4.1 km 0 m	19 C		
3126	1304103	Joaquim da Costa	38	[052] GD4C	10:22:00